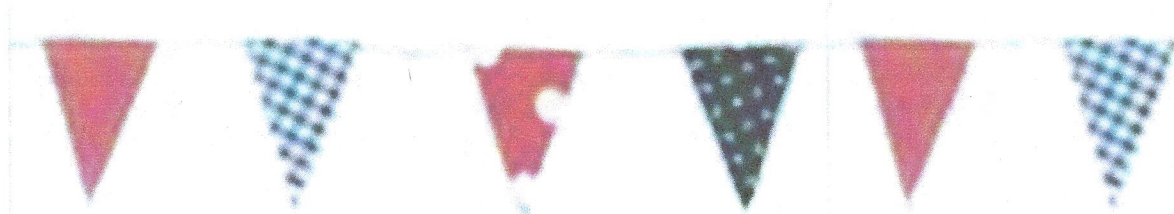


BAR HILL NEWS

July 2010 Issue 476

The Bar Hill News is also available on audio tape

If you, or someone you know, would benefit from this free service, please contact Julie at Camsight 01223 420033



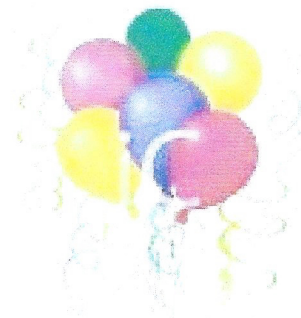
THE VILLAGE FÊTE

SATURDAY 3rd JULY 1 - 11 pm

Evening entertainment begins at 6 pm

Please be considerate about our village green - use the rubbish bins (or take your rubbish home) and bring only plastic drink bottles.

Enjoy the day!



Copy date for the next issue is 15th July to Margaret Sellars at bhneditor@yahoo.com, or see page 2 for other contact details.

BAR HILL RESIDENTS' ASSOCIATION

10/11 Committee

Chairman	Roger Hall	780304	11 Almond Grove
Secretary	Anil Pallan	01223 655620	72 The Spinney
Treasurer	Martin Avery	781233	34 Acorn Avenue

Bar Hill News

Editor	Margaret Sellars	C/o Parish Council Office
Advertising Co-Ordinator	Bunty Waters	201421 77 Foxhollow
Distribution Co-ordinator	Martin Avery	781233 34 Acorn Avenue

Also: Kirsten and Paul Goodfield (200228 15 Little Meadow), Jo Hall (11 Almond Grove 780304), Pat Haslop, and David Richards.

The Objectives of the Association are to act as an intermediary between the Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication and not necessarily those of the Association. **Anonymous letters will NOT be published, but names and addresses may be withheld.** However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Co-ordinator (see above – email to bunty.waters@ntlworld.com)

¼ page adverts cost £14.50 per month and must be submitted by the 1st of the month prior to inclusion.

Maxi ads (£8.25 per month) and **Mini ads (£5 per month)** should be submitted by 15th of the month prior to their inclusion.

Sizes: Maxi 6 x 4.5 cm-9 x 6 cm. Mini 6 x 2 cm- 6 x 4 cm.

The ¼ page ads are for local businesses and we guarantee publication. This often results in a waiting list and, to help overcome this problem, we provide maxi and mini ads. These appear throughout the publication and we cannot guarantee their inclusion due to restrictions of space.

EDITORIAL

There is no charge for **Articles, What's On, For Sale and Lost and Found**, and these appear at the Editor's discretion. Please submit items by 15th of the month.

All telephone numbers without an area code are Crafts Hill (01954).

All items can be submitted electronically on disc or to bheditor@yahoo.com, or hard copy via Parish Council Office.

The Maple Surgery

Doctors and Practice Nurses

Surgery hours (tel 780442)

Monday to Friday 8.30 am – 12 noon and 2 – 6 pm

Out of Hours Emergencies tel 01223 464242

Midwife Monday 2 pm onwards

Physiotherapist Tuesday 2 – 5.15 pm

Podiatrist Monday, Wednesday and Friday 9 am – 12 noon

Wednesday and Friday 2 – 5 pm

Psychological Therapies Team Thursday 9 am – 12 noon

Dietician 1st Tuesday of month 9.30 am – 12.30 pm

Orthoptist 2nd Tuesday of month 9 am - 12.30 pm

CAMTAD 4th Tuesday of month 9 – 11.30 am

Child Health Clinic 1st and 3rd Friday of month, 2 pm onwards

Health Visitors are now based at Longstanton Branch Surgery, Magdalene Close, Longstanton (tel 781855)

USEFUL TELEPHONE NUMBERS

● Church Office 206120 ● Conservative Party (Iris Lay) 205265 ● Happy Hours (Helen Collins) 782203 ● Liberal Democrat Party (Tom Flanagan) 780571 ● Library (renewals and enquiries) 0345 045 5225 ● Parish Council (Leigh Baffa) 780456 ● Police 0345 456 4564 ● Post Office 789285 (Harry) Pre-School 782892 ● Samaritans 01223 364455 ● School 273305 ● Social Club 781881 ● Swavesey Village College 230366



BAR HILL VILLAGE HALL

Two halls (with Conference Facilities)

Wedding receptions

Birthday celebrations

Children's parties

Jumble sales

Conferences

Seminars

Training days

Exam sessions

Anniversary celebrations

Excellent parking and catering facilities



782414

Answerphone

Email: barhill.villagehall@btconnect.com

REPORT BY COUNTY COUNCILLOR JOHN REYNOLDS

Bam Nuttall fail to meet own deadlines

A report published this month has revealed BAM Nuttall has missed their own self imposed deadlines to complete work on The Busway. Council transport bosses have made it clear to BAM Nuttall that the Council cannot accept the route with any outstanding liabilities. The contractor has paid over £6 million in damages for late delivery to date, and will continue to pay almost £14,000 a day until they complete the route to the standard specified.

Million visitors visit Cambridgeshire museums

Figures just out show more and more people are visiting Cambridgeshire Museums and last year over million people discovered the County's historic heritage

My Cambridgeshire puts communities in the click of it

A new 'My Cambridgeshire' web service is being launched to take the hassle out of **finding services and events on your doorstep**. Communities have been telling the Council that it is often confusing to find out which council or organisation does what and how to contact them. This means people are sometimes put off from using the services they need.

That is why the 'My Cambridgeshire' mapping facility has been launched on the County Council's website to make it easier for residents to find a range of local information and services, near their homes. Residents can click on www.cambridgeshire.gov.uk and put in their address or postcode to find out where their local County Council run services are and how to contact them. There is also information on local services provided by partner agencies, such as the NHS and District and City Councils. Also the service gives information about local community events near by.

Work at Cambridge railway station completed ahead of schedule

Work to improve public transport access at Cambridge Railway Station will be completed early. The work was part of a Cambridgeshire County Council project to create a new railway station bus interchange for all buses, including those that will use the guided busway

Engage in new free courses and events at Central Library

From knitting to creative writing - new afternoon EngAGE courses at Cambridge's Central Library have been launched to give people the chance to try a new skill or meet new friends. Every Monday between 2 pm to 4 pm there will be various courses, events, tours and talks to get everyone hooked on a new pastime.

The sessions are being run by the County Council for adults. It is part of making libraries a focal point for the community and emphasising that they do more than just lending books.

Courses include:

- 1st Monday of the month: Creative writing
- 2nd Monday of the month: Knitting group
- 3rd Monday of the months: Speaker event
- 4th Monday of the month: Reading group
- 4th Monday of the month; Knitting group
- 5th Monday of the month: Library Tour

John Reynolds
4 Hollytrees

Newsflash! Funding available.....

Grassroots Grants

Do you need funding to run a community project? Grants between £250 and £5,000 are available for local community groups and charities that have been active in their communities for at least 12 months, with an average annual income over the last 3 years of no more than £30,000. Funding can be used to contribute to general running costs, purchase small capital items or fund specific activities. This is the last year of the Grassroots Grants scheme and to ensure all the 10/11 funding is allocated and spent within the financial year; we are offering grants to cover costs that are anticipated to be spent by 31 December 2010. The fund guidelines can be downloaded at www.cambscf.org.uk/grant-guidelines.html and applications made online at www.cambscf.org.uk/grant-applications.html. Applications are considered on a monthly basis.

Donarbon Community Fund

There is significant funding available in the Donarbon Community Fund for the provision, maintenance or improvement of a public park or other general public amenity, or the conservation of a specific species or a specific habitat where it naturally occurs - you can apply to the Donarbon Community Fund for up to £20,000 towards your project. The fund guidelines and expression of interest form can be downloaded at www.cambscf.org.uk/donarbon-fund.html. To be considered at the July panel, expressions of interest should be submitted by 30th June. To be considered at the October panel, expressions of interest should be submitted by 30th September.



As we reach the end of the school year we celebrate a year of change and development and look forward to starting a new school year in September re-installed in our refurbished offices.

Until the end of term the school office will remain in its current position at the back of the school. Please continue to use the gate near the play park if you wish to visit the school during the school day.

Our Year 5 and 6 pupils were runners up in the regional heats of Kwik Cricket and qualified for the county finals which were held at Clare College on the 29th of June.

Nearly New Sale

High quality clothes, toys and equipment for children aged 0-10 at bargain prices

Saturday 18th September 2010 2.30pm to 4pm
The Sports Centre at Cambridge Regional College,
King's Hedges Road, Cambridge, CB4 2QT
Entrance 11 (Donation to branch)

Priority queue for card-holding NCT members. Doors open for members at 2 pm.

NEIGHBOURHOOD WATCH CO-ORDINATORS

Parish Councillors attended the Police Neighbourhood Panel Meeting on 18 May when Neighbourhood Watch in Bar Hill was raised, and it was felt that the Parish Council should engage with the Co-ordinators. Since Jill Smith resigned several years, the Council has lost contact with Co-ordinators. If you are a Co-ordinator could you contact the Clerk in any of the ways mentioned below with a view to perhaps meeting with some Councillors so that we can be made more aware of the work which you do, and offer support in any way that we can.

Parish Council Office (next to Octagon), Hanover Close, Bar Hill
Email bhillpc-1@btconnect.com
Telephone 01954 780456 (leave a message if Clerk is not there).

Thank you for your co-operation – we look forward to hearing from you.

Margaret Sellars
Chairman

Are you pleased with your current
Window Cleaner?

If not – contact us



We clean:

All Doors, frames, fascias and sills
Conservatories – inside and out
gutterings cleared.....
.....as well as the windows
Fully insured

07835 430347 or WKDwindowcleaner@aol.com



ROYAL BRITISH LEGION

In June some members went into Cambridge to watch the march past by The Anglian Regiment which is our local Regiment having been formed from the Cambridge Regiment. It was an excellent parade - everyone spick and span. Shame it was marred by protesters in Kings Parade.

Our Poppy Appeal Organiser has compiled a book of poems of the 1st World War which has been illustrated by Bar Hill Art Group. This book will be sold in aid of the Poppy Appeal.

Later this month we are having a Barbecue organised by Mr and Mrs Hubbard

Meetings are held on the 4th Thursday of the month at 8 pm in the Octagon meetings room.

Secretary *Mary Shubotham*
Phone 781553



**Free help around
the house, garden or garage
No Catch!!!**

**Local Christians offering practical help to anyone in
the village with tasks that they cannot
manage on their own**

**on the 2nd Saturday of each month
10.00am - 12 Noon**

**To book us call: Bernard Tabram, on 01954 789067
or Keith Dixon, on 01954 200880
or email: oasisgroup@ntlworld.com**

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST

- * FULL BATHROOM DESIGN
& INSTALLATION
- * ALLASPECTS OF FLOOR/WALL TILING
- * SUPPLY & FIT OR LABOUR ONLY
- * LAMINATE WOOD FLOORING
- * FREE QUOTATIONS AND ADVICE
- * QUALITY WORK GUARANTEED

WE CAN ALSO LOOK AFTER ALL YOUR
PROPERTY MAINTENANCE
REQUIREMENTS

e-mail: dean.mills2@ntlworld.com

Free
Initial
Consultation

**"I know I should
make a Will, but
I just haven't got
around to it yet."**

Having an up to date Will is important to ensure the people you wish receive your assets and it avoids unnecessary problems for your family after your death. LAWS are a professional Will writing business.

Our Will writers are qualified to give you estate planning advice and to take your Will instructions. We have both male and female advisers, all of which are members of The Society of Will Writers. We advise clients on a number of issues relating to estate planning including:

- Wills
- Lasting Power of Attorneys
- Inheritance tax planning
- Inheritance tax planning trusts
- Discretionary Will trusts
- Probate
- Living Wills
- Long Term Care Planning

LAWS are a completely independent company who work alongside our sister company Lee Associates, who provide independent financial advice.

For a free initial 30 minute meeting, at your home or in our offices please call 01954 262120.

Lee Associates Willwriting Services Limited (LAWS)

Denmark House, 3b High Street,
Willingham, Cambs, CB24 5ES

Tel: 01954 262120

Fax: 01954 262129

www.lee-associates.co.uk

Email: info@lee-associates.co.uk



LAWS

Lee Associates is a trading style of Lee Associates Financial Limited which is regulated and authorised by the FSA. FSA No: 229107

Bridge End Carpets & Flooring

ALL MAJOR BRANDS
SUPPLIED AND INSTALLED

FREE NO OBLIGATION ESTIMATE

ROOM SIZED REMNANTS
IN STOCK

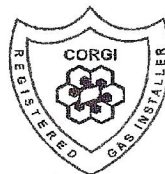
KARNDEAN FLOORING
SUPPLIED /INSTALLED

TEL: 01954 789968
MOB: 07801 542378

Graham Spence

Domestic Gas Appliances Service and Repair

A local and comprehensive
call-out and appointments service for
boiler and central heating 'problems'
in and around Bar Hill.



CORGI
Registered
Gas Installer
No. 149177

10%
Discount
for Bar Hill residents

781402
0378 894956

A Barrett Electrical

for all your electrical needs

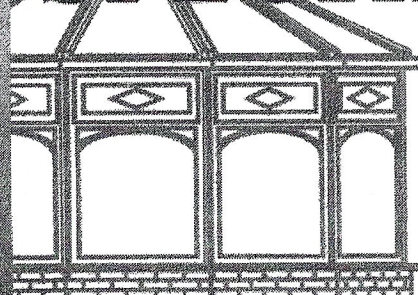
Part - P Registered

60 field View
Bar Hill
Cambridge
CB23 8SY

07735 615871
01954 780844

barretts11@msn.com

SPECTRUM



CONSERVATORIES WINDOWS DOORS



MOBILE: 07702 895673
TEL: 01954 789478

Chris's Bikes

Bar Hill's local cycle centre

2 Thornton Way, Girton (Just off Huntingdon Road)

Professional, knowledgeable and friendly service

Top quality, competitively priced repairs

Wide range of spares/accessories available

Cambridge's only 5 Star Magura Service Centre

Stockists of Magura Hydraulic brakes

Probably best range of commuting bicycles in town

Good selection of quality hybrid and mountain bikes

BMX and children's bicycles also available:

Giant, Haro, Mongoose, Huffy & Diamond Back

Good quality secondhand cycles always available

Plenty of parking

Dual suspension commuters -

- 'Rolls Royce' cycles at incredible prices

Trailgator

- the sensible/versatile alternative to a trailer bike

Fantastic quality racing cycles at unbeatable prices

- phone for details

All ladies' multigear commuters have chainguards

MET
Mango
Carradice
Topeak
Zefal
Shimano
Wider
Crid Smart
Squire
Trelack
Spencer
Mavic
Hamax
Odyssey
Bell
Abus
Giant
Claud Butler
Univega
Diamondback
Haro
Continental
Hutchinson
Vredstein

Cambridge Stockist of
GIANT
Bicycles

Quality for less **276004**

Come and visit us; we will make you welcome

SE
stamp electrical

COLIN STAMP

174 The Spinney, Bar Hill
Cambridge CB23 8TP

t 01954 789064

m 07860 920933

e stamp.electrical@ntlworld.com

LOCAL ELECTRICIAN

01954 789064

ALL DOMESTIC & COMMERCIAL
INSTALLATIONS
~ LIGHTS, SOCKETS, SHOWERS
FUSE BOXES

FREE QUOTES AND ESTIMATES

NICEIC APPROVED DOMESTIC INSTALLER

FAMILY RUN BUSINESS ~ 10 YEARS IN THE VILLAGE



FRIENDS OF BAR HILL LIBRARY

Our theme this month is community because our Library has a significant part to play in our village.

Coffee and community



Our July coffee morning is on the first day of the month, from 10 am. Coffee mornings are often sources of helpful advice – in June there were discussions on dealing with un-

wanted telephone calls and those plastic bags supposedly for charities that arrive all too often. The consensus on the latter was to give unwanted goods to charities that have shops in Cambridge and use all the other bags to line your kitchen bin.

The August coffee morning will be on 5 August.

Community market

For the first time we had a stall at the Community Market in June, offering unwanted books given to the Library at bargain prices. Thank you to those who supported us. Taking part was an enjoyable experience and we may repeat it from time to time.

Libraries and the Community

Our Library is one of our village's assets. Cambridgeshire's Library and Information Service need to make huge economies, and we need to show that we value our Library. It is not difficult to do that. Don't put it off until it is too late.

- ◆ Borrow books (you can order ones not in stock free of charge).
- ◆ Use the computers (**many sites you have to pay for at home are free at the Library**).
- ◆ Come to our events.

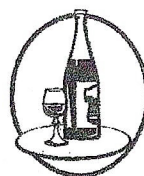
All these things are being monitored and your use will make a difference.

The first stage of economising on a library is to cut the opening hours. That must be avoided because it leads to reduced use and a threat of closure. Remember that losing our Library could mean that we lose our Post Office.

Membership of your Friends group is highly regarded by decision makers as it shows that you value your Library. If you were a Friend in 2009 and have not renewed your subscription, you will have had a reminder recently. If you have never been a Friend (or used to be some years ago), the committee urges you to join us by filling in a form at the Library and paying a modest subscription of 50p a month to the end of the year (65p a month for a family). As well as helping our Library that will give you some concessions.

BIN COLLECTION DATES

7 July	Green bin and boxes
14 July	Black bin
21 July	Green bin and boxes
28 July	Black bin
4 August	Green bin and boxes



Sports and Social Club

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large TV screens in high definition, play pool, darts, skittles and cribbage or enjoy a quiet drink in our conservatory bar. Visit our website for the latest news, www.bhssc.org.uk

BARBEQUE

South Cambridgeshire
Conservative Association

BAR HILL AND DISTRICT
BRANCH



Sunday 25th July 12 pm for 12.30 pm
at 4 Hollytrees, Bar Hill (by kind invitation of Cllr and
Mrs J Reynolds)
Andrew & Sally Lansley will be attending
TICKETS £12.50 RAFFLE from Iris Lay 01954
205265

To: Iris Lay, 121 Appletrees, Bar Hill, Cambs CB23
8SP: Tel: 01954 205265 or email:
irislay@ntlworld.com

Please reserve me tickets for the BBQ on 25th
July @ £12.50 per ticket

I enclose a cheque for made out to: **BAR
HILL CONSERVATIVES**

Name:

Address:

.....

Tel :

Email

RESIDENTS' ASSOCIATION



Interested residents are always welcome at our meetings which are normally held on the second Monday of the month in the Parish Council Office at 8 pm. The next meeting will be on 12 July.



BAR HILL COLTS F.C

Summer is here, the World Cup has started and the Bar Hill Colts kid's activity afternoon and presentation evening were supported by a good crowd and suitably warm and sunny weather. Thanks to everyone that came along to support the event, the kids and the club as well as all the people that helped to organise, set-up and make the day a success. A good crowd stayed on to watch England play the USA on the big screen, among them a very vocal bunch of children who helped to provide a real football ground atmosphere to the evening – well done kids! Jon Leggett (U9s) was the lucky winner of a tub of chocolates and a football, picking the correct time in the kid's world cup sweepstake. The evening was primarily about recognising and awarding the kids for their efforts and achievements throughout the season, so here are the results of all the trophies awarded...

U7's - Bar Hill Foxes

Manager's Player: Joe Playle
Player's Player: Thomas Cheesley
Most Improved: Miles Harvey

U8's - Bar Hill Bullets

Player's Player: Tommy Tyrell
Parent's Player: Dan Cundy
Manager's Player: Zak Yorke

U9's - Bar Hill Ravens

Parent's Player: Erin Fox
Most Improved: Luke Shanahan
Player's Player: Ali Rees
Manager's Player: James Debono

U10's - Bar Hill Eagles

Player's Player: Toby Purton
Parent's Player: Ollie Begley
Asst Manager's Player: Kieran Yorke
Manager's Player: Teegan Hayden-Smith

U11's - Bar Hill Bombers

Best Player: Ollie Fisher
Most Improved Player: Ben Fairbrass
Clubman: Josh Virgo

Best Attitude: Sam Andrews

U11 Girls - Bar Hill All-Stars

Player's Player: Erin Szembel
Spectator's Choice: Emily Christmas
Most Improved: Grace Cooper

U12's - Bar Hill

Player's Player: Taylor Sparkes
Parent's Player: Jack Humphreys
Best Attitude: Adam Cheesley
Manager's Choice: Ryan Davenport

U13's - Bar Hill Raiders

Player of the Year: Billy Pridgeon
Most Improved Player: Maail Afaal
Clubman: James Turner
Best Attitude: Alasdair Richardson

U14's - Bar Hill Rangers

Player's Player: Tom Lewin
Parent's Player: Luke Thomas
Manager's Player: Matt Childs
Most Improved: Dan Virgo
Clubman: Ben Loraine

U14 Girls - Bar Hill Spitfires

Player's Player: Ellie Hart
Manager's Player: Amy Hancock
Most Improved: Helena Davis
Spectator's Player: Nicole Brown & Hayley Stevens

U17's - Bar Hill Jets

Player's Player: Jack Clark
Manager's Player: Dom Gedny

Club Awards

Team of the Year: U11s - Bar Hill Bombers, managed by Steve Andrews & Ollie Barnard
Manager of the Year: Linda Ogilvie (U14 Girls)
Clubman of the Year: Ian Pryke (U13s)

A Big Well Done...

Congratulations to The Bar Hill Bombers (U11s) who, through completing an unbeaten season, won the League Championship in the 2009/10 Barry Kempton 9v9 - Division B. Steve Andrews was presented the trophy by Jim Hill from the Cambridgeshire FA.

A Big Thank-you...

I would like to re-iterate, on behalf of the managers of all the Bar Hill Colts team's, a big thank-you to all the parents, helpers and referees who support, help the teams and make the whole experience much more than just a bunch of kids kicking a football around the park on a weekend. The managers and coaches find the help in preparing the pitches, running the tea-stalls and raising funds invaluable, thank-you.

All-Stars @ Cambs FA Festival

The All-Stars entered two teams (pink & orange) into this 7v7 tournament. Both teams played really well showing grit and determination particularly the

orange team who grew in confidence throughout the day, holding strong teams Haverhill and Peterborough to goalless draws. The pink team also did really well, reaching the semi-finals only to see a fantastic long range shot bounce off the inside of the post and away from the goal. Sadly the girls lost 1-0 in extra time against Sprowston FC, a strong team from Norfolk who were runners up in their local league. A thoroughly enjoyable and well supported day which showed all the girls how much their football has developed in their first season as a team. Well done girls!!

Foxes Football Festival - Part 2

The second weekend's fixtures had Bar Hill once again up against Whittlesford. Charlie Parker came close to breaking his scoring duck and goals from Ollie Andrews and Nik Ahyaee gave the Foxes a 2-0 win. The second game against Witchford saw Bar Hill straight on the attack but conceding a goal against the run of play to go 1-0 down. They were soon back level after a good move finished by Thomas Cheesley. Another good game from Kieran Marsh in midfield and Joe Playle in defence meant they never looked like conceding a second. Bar Hill were given a free-kick and with the last kick of the game Thomas Cheesley blasted his shot in off the crossbar to make it 2-1. Against a good Isleham team Bar Hill were sadly well beaten 3-0. Miles Harvey made some fine saves, playing behind a new defensive partnership of Nik Ahyaee and Archie Peterson. His goal kicks almost setting up John Cornwell to score. A more disciplined defensive display from David Taylor-Stratton helped the Foxes keep a clean sheet in their final game of the Festival against Littleport. The highlight of the game, and the day, was the Foxes fantastic attacking display. Reece Flatts, who was unlucky not to score after showing amazing close control, combined well with Thomas Cheesley and Kieran

Marsh who scored one a piece to make it 2-0. A great game, topping off a great festival.

BAR HILL COLTS
IS A CHARTER
STANDARD CLUB



NOT TOO NEAR, NOT TOO FAR

FOR INDEPENDENT FINANCIAL ADVICE

on investments, regular savings, pensions, life cover, inheritance tax planning etc

Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge

Tel 01954 251521

Email: Bolitho@enterprise.net

Authorised and regulated by the Financial Services Authority

AIRPORT CARS

TRY OUR NEW LOCAL SERVICE

(Introduced by Popular Demand)

BARHILL to CAMBRIDGE £15

Other Destinations also.



- Airport Collections and Drops
- New Local Shuttle to Cambridge
- Prompt, reliable and courteous drivers
- 8 Seater also available



For the most competitive quote call:

01954 782822

james@airportcars.uk.net



- Family owned & independent
- Traditional & contemporary funerals
- Personal service 24 hours every day
- Private chapel of rest
- Pre-arranged & pre-paid funeral planning
- Green & woodland burials
- Funerals for all faiths & beliefs
- Off-road parking

ANDREW PATEY
Dip F.D. Dip F.M. LMBIFD
Managing Director

PHILIP REYNOLDS
Dip F.D. LMBIFD
Funeral Director

01223 415255

617 Newmarket Road • Cambridge • CB5 8PA

www.cambridgefs.co.uk
info@cambridgefs.co.uk



The vet your pet would choose

Longstanton

34 High Street, Longstanton CB24 3BS

01954 780027

Cottenham

66 High Steet, Cottenham CB24 8SA

01954 252122

Milton

26 Cambridge Road, Milton CB24 6AW

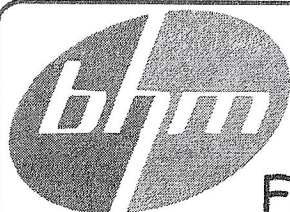
0845 500 4 24 7

24 hr emergency:

0845 500 4 24 7

www.villagevet.co.uk





Bar Hill Motors

20, Viking Way (next to Tesco's)

For all your car care needs

The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff
and equipment



Opening times

Mon. To Fri. 8.00am - 5.30pm

Sat. 8.30am - Noon

Closed Sun.

 **781132**

Alan's Carpets

- * Home Selection Service
- * Over 36 years experience
- * FREE quotes/Priced right
- * Extensive range of Quality Samples
- * Free advice on all floor coverings
- * Orders fitted within days, not months!
- * Showroom now open at
1 Station Road, Swavesey

Save £'s
Discount
prices!

Alan Shrimpton

Phone 232298 or 780970

Wow!

Mercury-free
dentistry in
a state-of-the-
art setting on
the NHS!

Now available
for all at
**Cambourne
Dental
Practice!**



Cambourne Dental Practice

Monkfield House, Monkfield Lane, Great Cambourne CB23 6AJ
www.cambouredental.com | Telephone: 01954 718585

lawson tree

hedge, tree & garden services



Tree surgery

Hedge cutting

Fencing

Turfing

Grass cutting

Gardening

Chopped local firewood,
delivered

Free mixed wood chips always
available

Telephone: 01223 276284/
07984 205663

E-mail:

contact@lawsontree.co.uk

www.lawsontree.co.uk

Professional Qualified
Insured

ROSIE IN STITCHES

The Friends of the Rosie Hospital are helping to make the Rosie a more comfortable environment for mothers and babies.



If you have any spare ribbons we are in urgent need of your donation.

We have just joined an affiliate network called Affiliate Window. When you shop with Laura Ashley, Habitat, Domino Pizza, Farm and Cottage Holidays, Garden Bargains, Presents Direct, Party 2U, Blooming Marvellous and Skate Hut go to their websites through ours at www.rosieinstitches.org.uk/links.htm and click on the shop you want. A percentage of your shopping bill will then come to The Friends of the Rosie Hospital as a donation.

We are also registered for donations through eBay at http://donations.ebay.co.uk/charity/charity.jsp?NP_ID=35736 and some of our items are for sale in our eBay Charity Store at <http://shop.ebay.co.uk/rosieinstitches2010/m.html>

When you're looking for bargains online, as well as helping us to raise funds you'll find some extra savings at www.easyfundraising.org.uk/forh Buy your presents for the Teacher from ThanksDarling and save 7.5% off all orders.

This summer take the children for the holiday of their lifetime - book 5 or more nights in a Disney Hotel including ticket before 2nd August and you'll enjoy FREE Disney dining for the duration of your stay. This offer is combinable with 14 day ticket for price of 7 and 10% discount web weekend offers.

Need new summer clothes for the children - new customers to Vertbaudet enjoy £10 OFF their first order of £20 or more and FREE Delivery.

There are many more offers available so visit the Special Offers page at www.easyfundraising.org.uk/forh for more details and to find the eVoucher codes. Raise £250 at http://www.easyfundraising.org.uk/raise_funds_for_free/?force_login=15590&force_check=1e6ff87cf0f8da080be10162b1e8536d by selecting one of the offers.

You can raise funds by using the Easyfundraising search site at <http://forh.easysearch.org.uk> Friends of the Rosie will receive 1p for every search and if you make just 10 searches a day, you could raise £25 a year. If you can improve our website, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website at www.rosieinstitches.org.uk/volunteering.htm.

Thank you for all your support.

Maple Surgery Patient Participation Group

The inaugural meeting of the Maple PPG (patient participation group) will be held on **TUESDAY 20th JULY at 6 pm in the Octagon Centre.**



Any patients interested in establishing the Group are very welcome to attend. Full details of the aims of the group, commitment and future meeting dates will be discussed at the first meeting.



MAPLE SURGERY NEWS

Maple Surgery – Caring for our Carers

The Surgery is keen to support people who care for others, either on a formal or informal basis and appreciate the often unrecognised vital role that Carers play. The Practice is working collaboratively with the Primary Care Trust and local care organisations to provide support for those who care for other people, be that relative, friend or neighbour. The project is known at the 'Carers Prescription Service' where people in need of help and support in their caring role can be referred for respite, funding or other appropriate services. The Practice is keen to develop a Carers Register so that those people who are registered at the Surgery can receive the support they need and deserve. Further details are available at the Surgery.

Staff Changes

The Surgery are delighted to announce the arrival of a new GP, Dr Susan Gillard who started working at the Practice in the early part of June. Some patients will already have met Dr Gillard who has been appointed to work 3 days per week at the Practice. The GP Partners will continue to deliver surgeries at the Maple Surgery on a rotational basis, with a plan that they will be there at least one day per week.

Many patients are already aware of the changes at the Surgery – not least the change of name from Bar Hill Health Centre to Maple Surgery. This decision was made to mark a fresh beginning for Primary Care Services for Bar Hill residents.

At the time of going to press, applications are being received for a Health Care Assistant to support the nursing team. Amongst other things, this role will include taking blood, heart tracings, wound management and urine testing. Further changes to the nursing team include the appointment of an Advanced Nurse Practitioner who is fully trained and qualified to carry out a wide range of procedures and consultations, looking after patients with stable chronic diseases and minor illnesses and she is also able to prescribe medication to patients.

Practice Leaflet

By the time this goes to press, the Surgery Leaflet will have been updated and we also plan to issue a quarterly Newsletter to keep our patients informed on changes and improvements to the Primary Care GP Services at Maple Surgery.



HAPPY HOURS

Our speaker from the Bobby Scheme came with lots and lots of locks, catches and alarms, and much information. This scheme, originated by the High Sheriff and the Police, is open to anyone over 65 especially those who have been burgled, but for a small fee they will visit any pensioner with advice and fit extra security to their home. This ranged from small personal alarms, handbag alarms to door chains and window locks. We all felt a lot better informed and many are on the waiting list. Some of our members have already received their expert attention.

To celebrate the spring Bank Holiday we had a free in-house raffle for some lovely plants.

It was hoped we might be able to arrange a trip to the National Arboretum in conjunction with the British Legion but at the moment take up is slow. For those busy people our Christmas Lunch has been booked for 13th December at the Menzies Moat House.

Helen Collins
782203



Please note that there are a lot of people turning up at various addresses in Bar Hill asking if you need your hedge cutting or your garden doing. They may also say they are checking if you are in the right gas and electricity tariff. In these cases if you have not booked with them to come around your house try and catch their name, see if you can remember what they are wearing to describe them, the most important thing to try and get their index vehicle number and report it on 0345 456 456 4.

Football Project

The pitch is available to hire in the evenings. The pitch is suitable for football and many other sporting activities such as mini tennis, hockey, bowls, volleyball and multi sports - it's a great venue for birthday parties. If you wish to find out more about hiring the facility then contact our Bookings Secretary, Julie Marin on 781838. The officers of the Management Committee are:

Chairperson Alan Hewings
Secretary Paul Thorby
Treasurer Jairo Marin



The Allotment Society



Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Keith Morris on 782441.

Any other allotment matters should be addressed to bhallotment@hotmail.com

Summer Reading Challenge at Bar Hill Library

This summer, take a giant leap into the final frontier - at Bar Hill library. Join Space Hop, and we'll help



get your kids hooked on books! Space Hop is this year's Summer Reading Challenge for children. The Summer Reading Challenge is an interactive experience that children love to take part

in over the holidays. It gets them into libraries and gives them the confidence they need to choose their own books and take their reading to the next stage. For many children, the Summer Reading Challenge is just the incentive they need to turn them into readers for life.

How do I sign my child up?

Just head to Bar Hill library. Staff will enrol your children - it's completely free of charge - and every child will receive a foldout poster and membership card. There are stickers and bookmarks to collect too.

What books can my children read?

The Summer Reading Challenge is designed for children of all ages and reading abilities. They can read any books they like - fact books, stories, joke books, picture books - it's up to them. Audio books count too! As long as you're borrowing them from the library, they all count. All Cambridgeshire libraries will offer special sessions where children can talk to staff about the books they have been reading and enjoying.

Is there a reward for completing the challenge?

All children who read at least 6 books during the summer will receive a Space Hop medal and certificate at special presentation ceremonies.

For further information and details of special summer activities and events please contact Bar Hill library

Opening Hours

Monday	10 am - 12.30 pm	2.30 - 5.30 pm
Tuesday		2.30 - 5.30 pm
Wednesday	10 am - 12.30 pm	2.30 - 7.00 pm
Thursday	10 am - 12.30 pm	2.30 - 5.30 pm
Friday		2.30 - 5.30 pm
Saturday	9.30 am - 1 pm	

HOUSE FOR RENT

1 BEDROOM, VERY SPACIOUS, ENCLOSED
REAR GARDEN
VERY QUIET AREA OF BAR HILL
CONSERVATORY
NON SMOKERS PLEASE
£600 P.C.M

TEL: 07808 039640

THE FITNESS CLASS

Mondays 7.30-8.30pm, The Church, Bar Hill

Do you want to loose weigh, Get Fit, Tone Up? Scared some exercise classes will be too intimidating & hard to pick up? The class specializes in ladies fitness & is designed to be very easy to pick up whilst being challenging enough to suit any fitness level. It incorporates Aerobics, Pilates, Swiss ball, Boxercise, Resistance and Cardio exercise. £4 per class(10 for £32).

OVER 55s CLASS,

Tuesdays, 10-11am. The Church, Bar Hill

Aimed at a pace suitable for the older adult to improve and maintain fitness, strength & mobility. £2.75 per class(10 for £24)

TRAIN WITH A GOV APPROVED INSTRUCTOR

Call Simon on 01223 236945
or visit www.bodyinmotionpt.co.uk

Free First Class

PHYSIC

Oakington Therapy Centre

Osteopathy, Acupuncture
Homeopathy, Counselling
Podiatry/Chiropody, Shiatsu
Chinese Herbal Medicine
Medical Herbalism, Massage
Hypnotherapy, Reiki
Nutritional Therapy, Iridology
Allergy Testing, Aromatherapy
Injury Rehabilitation
Indian Head Massage
NLP, Reflexology
Hopi Ear Candling
Hydrotherm Massage

01223 237459
www.physic.co.uk

Oakington Road, Girton

Power Tool & Plant Hire, Sales & Repairs

M. P. Harvey 119-123 Middlewatch, Swavesey

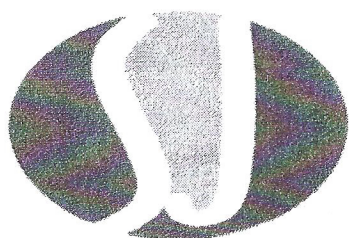
Tools for all your requirements: Decorating, building, gardening, breaking and DIY
Service agents for: Black & Decker - Stayer - Ryobi - Elu - Fein - Dewalt Power Tools.
All other tools and small plant repaired, including Kangos, disc cutters and generators
Open: Mon. - Fri. 8am - 5pm, Closed Wed. pm, Sat. - 8am - 12noon

Tool Hire:

Mixers, Compactor plates, Kango hammers, Floor sanders, Belt sanders, Orbital sanders, Angle grinders, Drills, Saws, Carpet cleaner, Wallpaper steamers, Tile cutters, Acrows, Mowers, Rotavators, Hedge trimmers, Pumps

Adult's & children's
bouncy castles
now available

 **206113**



Steve Jolley
Plastering & Tiling

6 Foxhollow
Bar Hill
Cambridge
CB23 8EP

Home 01954 780445
Mobile 07727 203626

HIGHFIELDS

law practice

Your approachable local solicitors

John Tarrant, Georgina Walker and Cheryl Bentley are part of local law firm providing the following services and more.....

Conveyancing, Wills and Probate, Matrimonial, Employment, Litigation

Opening Hours:

Weekdays 8am - 5.30 pm

Evening and Saturday by arrangement

We offer on matrimonial and litigation matters a 30 minute fixed fee initial consultation of £50 plus vat

For advice please call:

01954 210363/211920

E-mail georgina@highfieldslaw.com

74 Highfields Road, Highfields Caldecote, CB3 7NX

Easy Free Parking/Disabled Access

John S. Hinchliffe Building Services

Property Refurbishment,
Alterations, Buildings Work,
and Carpentry

Inside & Outside - All Work Considered

Free Quotations

Telephone 01954 202406

AIR CONDITIONING • AIR COMPRESSORS • STEAM CLEANERS • WELDERS
GENERATORS • POWER TOOLS • WORKSHOP EQUIPMENT • TCOLS

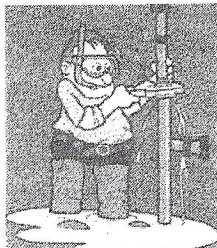
ELLIOTTS

Masters in Machinery

Tel: 01954 20 20 20 Fax 01954 78 28 01

e-mail: sales@elliotts.co.uk www.elliotts.co.uk

Unit 44, Viking Way, Bar Hill, Cambridge, CB23 8EL



213666

M&M

Heating & Plumbing Services

Corgi & Oftec Registered

Oil/gas boiler service

Bathroom Installations

Heating/Plumbing m

Power Flushing

Landlord Certificates & Safety Checks

Free estimates

Friendly and reliable local service

01223 691599

07832261791/07766281962





Family Fun @ Bar Hill Church—2010

July 11th, August 8th, September 12th,
October 10th,
November 14th, December 12th

Spend some quality time with your children and come along to the church, every **2nd Sunday of the month, starting at 3 pm.**

Activities Crafts Chat Singing
Story Prayer

Snacks for children Hot drinks for adults

Different themes every month

Services will be especially appropriate for pre-school age children, siblings are welcome

8 o'clock Club

The 8 o'clock Club meets at 8 pm on the first Thursday of the month in the school at Bar Hill during term time. Our programme for the half year is as follows:

1 July – Christopher and Janet South

New members are always welcome. If you would like to join us or come for a visit please come along to one of our meetings where we would be very pleased to see you. If you prefer to have a chat about the Club please telephone Barbara (204171) or Adela (204265)

Bar Hill Community Market

Saturday 10th July

10.30 am - 12.30 pm

Octagon

We will have a BBQ available
(weather permitting)

Homemade produce and crafts - Refreshments

Tables are £5 if you wish to join us
Contact for bookings Karen Austen 01954 781085

**There will be no market in August but we will
be back for
Saturday 4th September**



Bar Hill Childminders

If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly family environment with a Childminder who is Ofsted registered, fully insured and First Aid trained. Childminders offer a wide range of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much much more. If you would like to find out more you can call any of the childminders listed below or just come along to our Coffee and Kids session on Thursday mornings between 9.45 am and 11.15 am.

CHILDMINDERS WITH CURRENT VACANCIES:-

Debbie (Tues, Wed, Thurs)	201739
Terri (from Sept)	780458
Kirsten Cox – see below	202228
(Mon, Tues, Thurs from April 0-5yrs – 8am-6pm)	
Melanie	204496
Kirsten Goodfield	200228

COFFEE AND KIDS

Coffee and Kids is run by Bar Hill Childminders for parents, carers and childminders of babies and pre school children. It is a very informal session held in the Octagon on Thursday mornings (term time only) from 9.45 am to 11.15 am. The price of £2 per family/childminder includes hot drinks for the adults and soft drinks and healthy snacks for the children. We have a large range of indoor and outdoor toys and a safe soft play area for babies. Call Debbie on 201739 for more details.

Bar Hill Church Summer Holiday Club

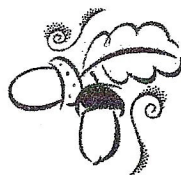
For children in reception to year 6
Monday, 26th July to Friday, 30th July

See coming months for more information on how to book

G B Property Services

Specialist in flat roofing and all aspects of property maintenance

Call Pepe on 07761 143610



Little Acorns Pre-school.

Little Acorns is situated in the SPARC building next door to the primary school. We are open every day, both morning and afternoon. A lunch club session is also available each day. Our opening times are 9-11.30 am and 12.30- 3 pm. Children

may attend from their second birthdays.

We provide a variety of learning experiences, both indoor and out. Children are encouraged to be creative, and to explore and investigate the things in their world. All of our staff hold a childcare qualification and are trained in first aid and child protection.

We offer a 'places for all' policy. Every year we offer free or subsidised places to a number of families. If you feel that you would like to speak to us about this, we would love to hear from you. Please phone Sally on 201074 or drop in anytime. If you would like to book sessions please ring Gail on 203229 or on our pre-school number 07851803083.

We will be holding regular open days at the start of each term for our new starters (who will receive an invitation nearer the time). If you are interested in coming to look around too, please phone us to book your place, or if you would like us to send you some information and a registration form. Alternatively you may prefer to e-mail us at s.gedny@ntlworld.com

Hiring the rooms

The pre-school room is available to hire for parties and functions. The current charge is £7.50 per hour (a minimum charge applies). Booking forms are available in the lobby area or by calling Janine on 07879613731.



NATIONAL WOMEN'S REGISTER

NWR is a countrywide network of autonomous groups of lively minded women. We promote friendship and self confidence, share ideas, discuss topics, listen to speakers and enjoy social events.

3rd July - Antiques and Anecdotes (only if you have pre-booked)

8th July - What do you remember of 50 years ago? Music, food, clothes etc - what did it mean to you? Venue: Kaye's

17th July (Saturday) - Summer Social - Members only

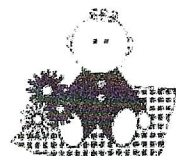
Venue: Marie-The

24th July - Gold -Talk about anything gold and bring along any favourite/unusual pieces of jewellery, food, plants, music etc.

Venue: to be confirmed.

5th August - Technology - Do you embrace modern technology or does it pass you by? What is the best piece of technology developed in the last 50 years? Venue: Jane's

The Bar Hill group meets informally on alternate Thursday evenings and we pay just £1 per meeting to cover costs. All women are welcome. If you would like more information, or someone to accompany you to a meeting please do not hesitate to call Marie-Therese Last on 780329 or Kaye Fuller on 782403. NWR can also be found on www.nwr.org.uk; why not have a look!



Come along to our under 1's group for chat, meet other parents and refreshments.

Every Tuesdays Term time only.

In the Octagon building at 9.30 -11.30 am

Charge is: £1.00

If you would like to know more, please contact me Rossella.knight@ntlworld.com or on 01954 203567

If you would like to come and feel that you would like to meet with myself before hand, please call or email me as above.

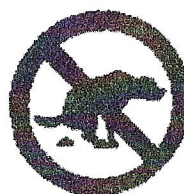
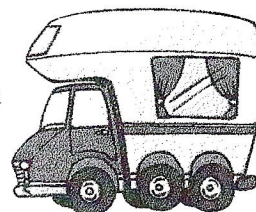
***** For Under 1's and up to walking**

WHAT'S ON?

- 1 Coffee Morning - Library
- 1 8 o'clock Club - School
- 3 THE FÊTE - Village Green
- 3 NWR - Antiques/Anecdotes
- 8 NWR - 50 years ago
- 9 Supper - Longstanton (Swavesey and Over Conservation Society)
- 10 Community Market
- 11 Family Fun - Church
- 12 Residents' Association meets
PC Office
- 15 PC meets - PC Office
- 17 NWR - Summer Social (Members)
- 20 Patient Participation Group
(inaugural meeting) - Octagon
- 21 Police Surgery - PC Office
- 22 Royal British Legion meets -
Octagon
- 24 NWR - Gold
- 25 Conservative BBQ - 4 Hollytrees

Plenty of food and entertainment.

If you are away from
Bar Hill - safe
journey and enjoy
the break!



**PLEASE CLEAN
UP AFTER YOUR
DOG**

EXPRESS ROOFING SERVICES

Flat Roofing Specialists

Emergency 24 hour Service

Roofing for over 25 years

- * Insurance work
- * Guttering * Facia Boards
- * Garages & Extensions
- * Re-roofing & repairs

Prompt Reliable Service



01487 841008

Mobile 07860 680550
37 Greenfields, Earith

5-10 year guarantees

Competitive Rates

J T Carpentry & Joinery Building and maintenance

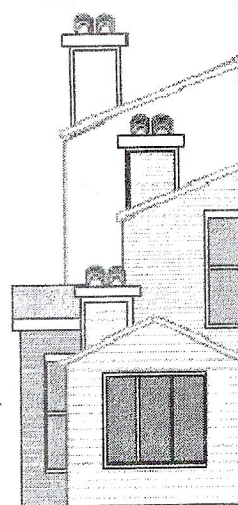
All Domestic Carpentry & small Building work. Kitchens. Bathrooms. Wardrobes. Doors. Architraves. Skirtings. PVCu & timber Windows. Decking. Security locks. Stud walls. Insulation. Glazing. Cupboards. Painting. Repairs.

Also: Brickwork, Alterations, Renovations, Loft conversions, Garage conversions, Dormers, Hand cut & trussed roofs. Discounts for OAP's

City & guilds Apprenticeship served, 37 yrs experience. References available. Bar Hill resident. Free Estimates. Sensible rates.

Also: Commercial work undertaken. Maintenance & repairs. Special rates for long term contracts.

Call for information. 01954-780471 or mob 07846-847808.
enquiries@johntompkins.co.uk - www.johntompkins.co.uk



haart



...is where your home is

www.haart.co.uk

- Experienced staff with local knowledge
- 10 Cambridge regional offices, 223 national
- Independent mortgage advice
- Advertised on 7 major property websites
- No sale – no fee

The only agent truly serving Bar Hill

Unit 12, The Mall

Call the office today for your free, no obligation, valuation

781411

King & Co.

Solicitors

238, High Street Cottenham

Tel: Cottenham 251818

Opening Hours:-

Mon. - Thur. 9.00 am - 5.00 pm

Fridays 9.00 am - 4.00 pm

No
Parking
Problems

R.PETCH . DECORATOR

Quality Workmanship since 1962

EXTERIOR PAINTING



INTERNAL DECORATING AND WALLPAPERING

FREE ESTIMATES

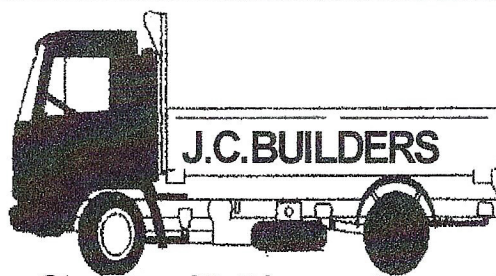
BAR HILL RESIDENT 1988 - 2004



TEL: 01223 861970

www.petch-quality-decorator.co.uk

petch_decorator@hotmail.com



J. C. Building Services

All types of building work undertaken.

For example:

Block paving

Patios

Fencing

Ceramic Tiling

Small Extensions

No job
too small!

Free
quotations

For an Estimate:



01487 740580

07919 202871

Expertise on your doorstep

10 The Mall **Bar Hill** Cambridge CB23 8DZ Tel 01954 780111
Mon-Wed 9am-6pm Thurs-Fri 9am-6:30pm Sat 9am-3pm

Customer Hotline Tel 0845 601 3344
Mon-Fri 9am-10pm Sat 9am-6pm Sun 11am-5pm

C A M B R I D G E
B U I L D I N G S O C I E T Y

Time to keep your money close to home

Head Office Administration Centre PO Box 232 51 Newmarket Road Cambridge CB5 8FF
Tel 0845 601 3344 www.cambridgebs.co.uk

JASON KIRBY

Professional Painting & Decorating Ltd

- All types of internal & External decorating.
- Residential & Commercial.
- City & Guilds Qualified.
- Full Public Liability Insurance.
- For Quality & Reliability At Competitive Rates, References Available.
- Members of Trust Mark, Dulux Trade Select & The Painting & Decorating Association.

Tel / Fax: 01954 231222 • Mobile: 07966 174431

jasonkirbyltd@gmail.com



A Professional Service from Start to Finish



CORGI
Registered
Gas Installer

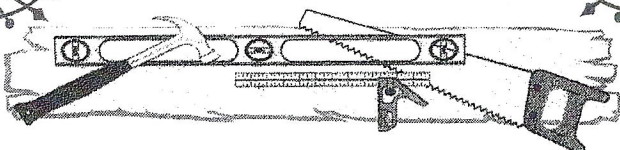
M. Roitman

Heating & plumbing engineer
Heating systems, bathrooms and
power showers
supplied, installed & repaired



Office **01480 469653**
Mobile **07831 466778**

Free estimates. Emergency service



DAVID HUMPHREY CARPENTER & JOINER



01480 432275

Mob: **07788 428580**
Fax: **01480 451566**

In need of any work doing around
the home, but haven't got time to do it ?

Then look no further ...

- ★ Carpentry & Joinery
- ★ Windows & Doors
- ★ Exterior Finishes
- ★ Roofing
- ★ Home Security
- ★ Conservatories
- ★ Loft Conversions
- ★ Home Extensions

*No job too large or too small
Quality work at realistic prices*

PROBLEMS?

WITH YOUR EXISTING DOUBLE GLAZING



DOMESTIC • COMMERCIAL INDUSTRIAL REPAIR & MAINTENANCE SERVICE

- **WE REPLACE** Glass, Locks, Handles, Hinges,
Patio Door Wheels, Tilt & Turn Mechanisms
- **WE FIT** Window Opening Restrictors,
Cat Flaps, Fly Screens
- **WE SPECIALISE IN** New Conservatories,
Windows, Doors

**FREE
ADVICE /
ESTIMATES**



SECONDARY DOUBLE GLAZING ALSO AVAILABLE

the WINDOW & DOOR SURGEON

For a Friendly and Efficient Service Please Call:

Phone **01954 201944**

Email: enquiries@tw-ds.co.uk
visit www.tw-ds.co.uk

2 RAMPTON ROAD • WILLINGHAM • CAMBRIDGE

WE DON'T PUSH... WE DON'T FRAGGERATE ON PRICE... WE JUST SOLVE PROBLEMS

Drake Heating and Plumbing

Tel: **01954 781366** or **07831 806733**
email: DrakeHP@aol.com

Established 32 years

**Gas Central Heating
Installations
Boiler Replacements
Boiler Repair and Maintenance
Power Flushing
Bathrooms**



**Gas Safe
Registered Gas Installer
2185**

Skatz

HAIR DESIGN

and Bethan's Beauty Shop

Opening times:

Mon Closed
Tue 9.00am-5.30pm
Wed 9.00am-8.00pm
Thu 9.30am-7.00pm
Fri 9.00am-5.30pm
Sat 8.00am-2.00pm

89 High Street
Longstanton

780909

New direct phone to
Bethan's Beauty Shop
789100

- ♦ We offer a full range of hair and beauty treatments
- ♦ Gift vouchers available
- ♦ Bio sculpture nail extensions and natural overlays
- ♦ KMS / Goldwell appointed salon
- ♦ New for the summer - St Tropez spraytan treatment
- ♦ Appointments not always necessary

P&P Home and Garden

Call 01954 782198 or 07954 372516

Email: pphomeandgarden@hotmail.co.uk

we tailor our services to suit your needs

No job too small

Weekly, Fortnightly, Monthly or one off jobs

*Friendly and reliable service carried out
by local mums*

We can offer:

Gardening Service

Cleaning Service

Dog Walking and Pet Service

Washing and Ironing Service

website :

www.pphomeandgarden.vpweb.co.uk

THE THERAPY ROOM

TREATMENTS FOR RELAXATION & WELL-BEING

AROMATHERAPY for ladies

INDIAN HEAD MASSAGE

FACIALS

NUTRITION

REFLEXOLOGY

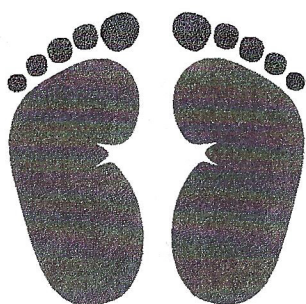
STUCK FOR A PRESENT FOR A SPECIAL PERSON - GIFT VOUCHERS AVAILABLE

Want to know more about treatments? Free consultation - by appointment only

'phone **HEATHER 781208** - Practice located in Bar Hill - Member Federation of Holistic Therapists

Are you in need of a chiropodist ?

For a professional service in your own home:-



201278

Christopher Bruckshaw MSSCh MBChA

A registered member of the British Chiropody Association



Parent and Toddler Group

Come along every Wednesday and Friday to the Octagon Room.
Start: 9:45 to 11.15 am

£1.90 for 1st child, additional children £1.00 up to a maximum of £3.00 per family or childminder.
Session welcomes all children aged from 0-4 years old.

We provide an opportunity for parents/ carers to meet new people.
Providing plenty of activities to stimulate every child's developmental stage.
(Puzzles, books, arts and crafts, Duplo, dressing up, musical instruments and lots more)

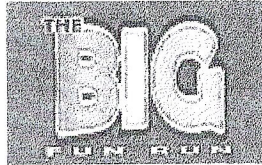
We also have outside toys used in our secure garden, weather permitting.

Snacks and Drinks are offered - we also cater for different dietary requirements.

If you would like to come to our group and feel that you would like to meet up with us before hand please call
Ruth on 01954201890 or Vanessa on 01954 781140 for more information.

Bourn to Run 2010

Calling all runners, young and old, fast and slow, fighting fit or cracking apart at the seams. It's time to dust off those trainers and prepare for action.



Bourn and its surrounding area will again echo to the sound of pounding feet in 2010 as 'Bourn to Run' returns on **Sunday September 26**.

There are two runs to choose from - 10 km or 3 km - depending on levels of spirit, fitness, ambition or boundless enthusiasm. Both events will take place on an improved multi-terrain course through beautiful scenery, starting at Bourn Sports Pavilion at 10.30 am. There will be medals and goodie bags for all runners.

Last year's stunning debut raised £5,000 for the Bourn School swimming pool fund and 2010's proceeds will be split between equipment for the school and new facilities for teenagers at the village recreation ground.

You can register online at www.fabian4.co.uk with early bird discounts for anyone entering before July 31. Further details can be found at www.bournschool.co.uk/bourntorun. For donations or sponsorship information head to <http://uk.virginmoneygiving.com/charities/bournschool>.

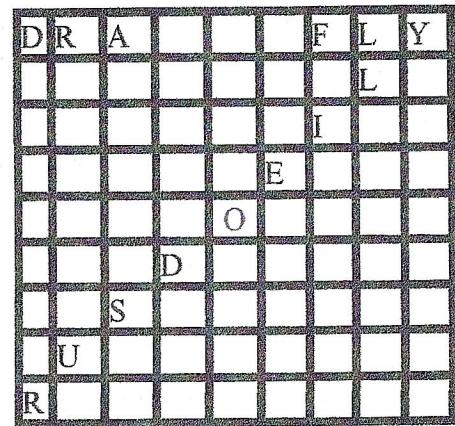
There could be no better excuse to get out in the fresh air this summer. Please come and raise money for the local community while enjoying a fun day out in the country.

Maths and Physics Tuition



Start your revision in time to make a difference!

Qualified teacher with First Class Honours Degree in Physics offers GCSE and A level tuition in Maths and Physics
Paul Noble 780477



TILE TEXT c JULY 2010

Place the 27 three character TILES listed below in the grid above to form NINE nine letter words associated with the summer, reading horizontally, and in alphabetical order

APE	BLE	DRA	GRE	IAN	IDE
SC	ENJ	ERS	ITE	ITY	LAN
FES	FLY	FRU	LIS	NTI	OYA
GER	GON	GOR	PAS	QUI	RER
	RIV	SEN	TIV		

Did you get the answers to June's puzzle?

Adventure, Birthdays, Bloomsday
Icecreams, Marriages, Midsummer

ASHLEY THE BARBERS

Open Mon, Wed, Thurs, Fri
Appointments required on Sat only
Closed Tues
Tel 782530
Email: acurry999@hotmail.com
159 The Spinney



Bar Hill Parish Council
Parish Council Offices
(Near the Health Centre and Octagon)
Tel: 780456
Email: bhillpc-1@btconnect.com

Parish Council Web Site – www.barhillpc.org.uk.

This will keep you up to date on current affairs in the village including meeting minutes and agenda.

For all you regular walkers out there

The County Council has produced a Countryside Access Map entitled "Walks and Rides around the Northstowe Hundred". A very interesting history of the local countryside and lots of pleasant walks and bike rides for you enthusiasts. If you would like a map please call in to the office as I have been given a substantial supply.

Dog Fouling

Once again, I have had many residents complaining that dog owners are not clearing up after their dogs, especially on the village green. This is an area for everybody to enjoy so please pick up after your dogs.

Police Surgery

Now that we have a new PCSO, the surgeries will resume on the **third Wednesday of every month** between 10 am and midday. If you have any concerns please come along and meet the PCSO, who will be happy to help.

Noise Issues

Now that the evenings are longer, lighter and getting warmer I would ask residents to be considerate to others with noise from stereo systems etc that can have a diverse affect on those around you. I have had several residents from different locations complaining about the noise coming from open windows and doors and I am sure they would appreciate it if noise levels could be kept down to a minimum.

Parish Council Meetings

The next monthly Parish Council meeting will be on Thursday 15th July at 7 pm in the Parish Council Office and all members of the public are welcome to attend.

HANDY TELEPHONE NUMBERS

Streetlights: 0800 253529 quoting the CCC No. (written on lamppost).

South Cambridgeshire District Council: (03450 450500)
- this has changed!!

County Council (damaged paths and roads): (01223) 717111

Tesco—Stray trolleys 0808 1359054

TEXT store2065

EMAIL 9054@tescocomments.com

In each case give village and location of trolley

Leigh Baffa

Parish Clerk

Tel: 01954 780456

Email: bhillpc-1@btconnect.com

VILLAGE HALL

To book or contact us at the village hall, please telephone 01954 782414 and leave a message and we will call you back or, e-mail

barhill.villagehall@btconnect.com

During the week we have all the following groups and clubs.

Mon Helene Jones Dance 3.15-9 pm

Helene's class is run in school term times only

Tues Shotokan Karate 5.45-8.00 pm

Wed Honey's School of Performing Arts (NEW)

3.45 – 6.45 pm

Wed Aerobics 6.45-9.00 pm

RC Fitness class (NEW) 8 – 9.30 pm

Thurs Children's Martial Arts 4.00-5.00 pm

Thurs Weightwatchers 7.00-8.00 pm

Fri Martial Arts 5-9.00 pm

Sun Martial Arts 10 am-12 noon

Sun Bingo 7.30-9.30 pm

Carol Griffin



Bar Hill Scouts

Bar Hill Scouts are once again growing and going from strength to strength.

So far this year, our numbers have grown from 9 to 13, with a good mix of boys and girls, and the Scouts have already taken part in a local incident hike organised by Cambridge University Scouters and Guiders, the County Activity Competition at Mepal Outdoor Centre, an afternoon getting a try at fishing, a day spent on a white water canoe run in Bedfordshire, and are looking forward to their summer camp, a County Camp in September, packed with activities, and their usual busy Scout meetings, putting up tents, learning how to map read, and doing all those things that Scouts do.

Should your son and/or daughter be interested in trying Scouting, please either come and visit us at the Scout Hut, by the Village Hall, about 7.30 pm on a Tuesday, or contact the leader to find out more.

We also have a Beaver and Cub pack, which currently meets in the school from 6 pm on a Monday. Although they do not have quite the number of outside events as the Scouts, they have a full and active programme within their meetings, plenty of games and lots of fun.

Rohan Platts, Scout Leader

07775 – 735438 / 01954 – 261055

rohanplatts@hotmail.com





We inspire children to have
CONFIDENCE in themselves,
to love learning and to achieve
their very best.

Lessons after school or on Saturdays.

For details please ring: 01954 211888
or visit: www.excelr8learning.co.uk

Excelr8 Learning 149 St Neots Rd
Hardwick CB23 7QJ

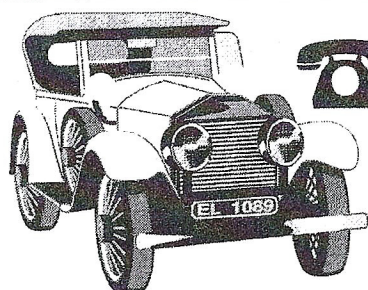
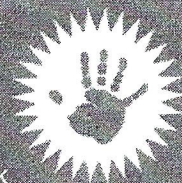
Everybody's pain
is different...
and so is their treatment.



If you would like us to help you work out the
cause of your pain then please call or email.

**CAMBOURNE
OSTEOPATHS**
01954 28 28 20

www.cambourneosteopaths.co.uk



01223 233250
782247 - evenings



07711 131085

L. F. Dean & Sons
Motor Body Specialists

- * All makes repaired
- * Welding
- * Re-spraying
- * Low-bake oven

Non-fault accident service

Free estimates

4 Water Lane, Oakington

A. Denton

Painting & Decorating

High Quality



INDUSTRIAL

COMMERCIAL

DOMESTIC



102, Stonefield
Bar Hill
Cambridge
CB3 8TB

**01954
782472**



WE CAN FIX IT

**HANDYMAN SERVICES
MAINTENANCE FOR
THE HOME & GARDEN**

01223 232150

**Give Nigel a call for a
free quote**

07876 220204

UniPlumb

Cambridge Ltd

**'On tap for all your plumbing
and heating needs'
Quality Workmanship.
Free Estimates. Corgi reg'd.
Fast & reliable service.**



**All aspects of heating and
plumbing
Please ring for
professional, friendly advice.**

Tel/Fax: 01954 212553

102 West Drive, Highfields, Caldecote, Cambridge CB3 7NY



Ash Croft Veterinary Surgery

169, St. Neots Road, Hardwick Cambridge CB3 7QJ



Surgeries by appointment



210250

Laura Wood
BA, MA, VetMB, MRCVS

Visits by arrangement

Simon Shore
MA, VetMB, MRCVS

8.30 - 10.30 am & 4.30 - 7.00 pm Weekdays

9.00 - 11.00 am Saturdays, 10.00 - 11.00 am Sundays

Dragan Tomovic
BVSc, MRCVS

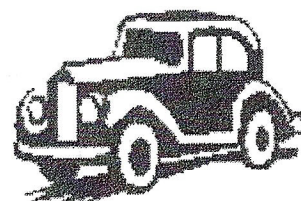
Full 24 hour Emergency Service



Andy's Kars Ltd

For Quality Servicing & Repairs

6 Viking Way, Bar Hill, Cambridge CB23 8EL www.andys-kars.co.uk Tel: 01954 782666



In our fully equipped, modern workshop, we'll cater for all your MOT, Servicing and Repairs requirements. On all makes of Cars and Light Commercial Vehicles



Opening Times: Mon-Fri 8:00am to 17:30pm
Sat 8:00am to 12noon

**Honest advice with a smile,
we go the extra mile!**



CRICKET CLUB

David Fletcher is our headline-maker of the last month as he notched three half-centuries in as many matches, all of them undefeated.

After his 56 not out in our first match of the season, covered in last month's edition, Fletcher hit 70 not out against Burrough Green II and 62 not out against Milton III, with both matches resulting in victories for the second team.

Peter Howard added 59 and **Jim Neal** 36 against Burrough Green as Bar Hill made 263 for 6, before **Martin Haslop's** haul of 5 for 54 helped dismissed the opposition for 153.

The margin of victory against Milton was 54 runs, with **Stuart Lambert** making 38 in Bar Hill's 185 for 4 before Milton were bowled out for 131. **Jim Orvis** and **Barry Driver** took three wickets apiece.

Jim's dad **Phil Orvis** showed his skills with five wickets away to Dullingham II to bowl out the hosts for 99. He then made a vital 21 not out, and Lambert hit 36, to steer Bar Hill to victory and put them second in the league.

Meanwhile, the first team enjoyed victories over Burrough Green and Barley in the past month.

Although bowled out for 115 against Burrough Green, **Priyal Perera's** bowling spell of 6 for 25 turned the match in Bar Hill's favour, with Burrough Green bowled out for only 60.

Sam Wilson took three wickets and Perera hit 43 in a two-wicket win over Barley, with calm batting by Jim Orvis and **Nathan Dean** proving pivotal.

However, the match at Madingley resulted in a seven-wicket defeat, despite **Pip Dickinson** hitting 38.

There was defeat too in the 20-20 cup, at the hands of Senior League One side Cambridge St Giles, with Bar Hill managing 121 all out in response to the hosts' 198 for 2.

In the 20-20 friendly against Girton, **Tom Page** took three wickets and Peter Howard hit 30, but it was not enough to prevent defeat.

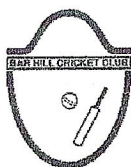
Better fortune against The Doblbers, who were beaten thanks to five wickets for **Simon Smith** and Howard's innings of 47.

The third team have been frustrated, with lack of numbers among either our own ranks or the opposition resulting in matches being called off. However, the win awarded to Bar Hill in one such case did at least provide us with 20 points.

Off the pitch, adult nets take place on **Wednesdays** at Cottenham Village College between 6.30 and 8 pm.

Finally, although writing this before the day, thanks to everyone who availed themselves of our barbecue at the village fête.

For more information about all our activities, visit www.barhillcricket.org.uk or call me on the number below.



Upcoming fixtures at the village green:

Sat July 10: Elsworth II (second XI, league)

Sat July 17: Matfield Green (first XI, friendly)

Sun July 18: Elmdon (friendly)

Sat July 24: Burrough Green II (second XI, league)

Sat July 31: Girton II (second XI, league)

Sat Aug 7: Madingley (first XI, league)

Paul Stimpson

201212



SPARC Building, Gladeside

Tel 07921 541549 or 01954 201079

and during club hours 07883 739368

We are situated in our purpose built building next to the School, with direct access from the playground. We provide childcare for children aged 4-12 in a safe, stimulating and caring home from home environment with trained and experienced staff. The children walk directly to us when school finishes, with the reception and infant children being met in the reception classes and then accompanied to our building by our staff.

Our children enjoy a wide range of inspiring equipment, games and craft activities, from pool to computer games, dressing up to craft and lots more, or if they prefer they can chill out on our comfy sofas. We also use the safe environment of the school playground for outdoor play. A snack, such as pasta, filled pittas etc followed by a biscuit and fresh fruit is provided. We make birthday cakes to celebrate each child's birthday, which we share. We are registered with OSTED: this enables parents/guardians who are eligible, to claim up to 70% of their childcare costs. We are also able to accept childcare vouchers eg Fair Care and Busy Bees.

Our opening hours are:

Term Time 3.10 pm – 6 pm Monday to Friday

School Holidays 8.15 – 6 pm Monday to Friday

Our fees are:

Term Time £3.85/hour for 1st child and £3.45/hour for siblings, which includes the snack.

School Holidays which also include the snack have special day rates:

8.15 am – 6 pm £25.00 (£2.63/hr)

8.30 am – 1 pm £14.00

1.15 pm – 5.30 pm £14.00

10 am – 12 pm Holiday craft sessions £5.00/Session

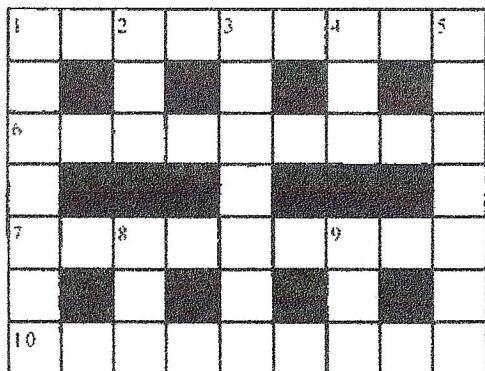
Whether you are looking for full time, part time or just occasional childcare, or our special holiday craft sessions, we are able to offer all of these. Please feel free to contact us if you would like any more information or would like to come along and see what we have to offer.

Patsie Ostler

Answers for June:

Across: 1. shamrocks, 6. Echeveria, 7. Canaveral, 10. regularly.

Down: 1. Spencer, 2. ash, 3. revival, 4. car, 5. Stanley, 8. nag, 9. RRR



Clues for July:

Across: 1. nimble, 6 and 8 down prison reformer, 7. link up with, 10. revenes.

Down: 1. Peter ---- French philosopher 1079-1142, 2. work injury, 3. fighter, 4. equal, neck decoration, 5. exercise books, 8. see 6 across, 9. pseudonym

Bar Hill Ecumenical Church - Services for July 2010



A modern church for a modern village. Please join us on a Sunday to find out what happens inside; you will be made very welcome.

Sermon series on the book of Ephesians

Sun 4 th	10 am	Holy Communion
	6:30 pm	Evening Worship
Sun 11 th	8 am	Holy Communion
	10 am	Morning Worship
	3 pm	Family fun (particularly for year 2 and under)
Sun 18 th	6.30 pm	Evening Prayer
	10 am	Holy Communion
Wed 21 st	6:30 pm	Quiet Prayer
	10 am	Holy Communion
Sun 25 th	10 am	All Age Worship
	6.30 pm	Holy Communion

A Roman Catholic service on Saturday evenings at 6 pm

People to contact:

The minister: Rev Ruth Adams Tel: 01954 789369
Church Centre Manager: Tel/Fax: 206120 (office hours
Monday, Wednesday and Friday 9.30-10.30)
Website www.barhillchurch.org.uk

The Catholic Church of Our Lady and the English Martyrs Hills Road, Cambridge (The Catholic Church serving Bar Hill)

Parish Priest: Mgr Tony Rogers Tel: 01223 350787
Deacons: Revd Robert Joyce, Tony Northrop and Tony Sutton
Local contact: Bunty Waters Tel: 201421

Mass at Bar Hill Octagon Saturdays: 6 pm First Mass of Sunday

Masses in the Parish Church in Cambridge

Monday, Wednesday, Thursday, Friday 8 am and 12.15 pm
Tuesday 8 am and 7.30 pm
Saturday 6 pm First Mass of Sundays
Also 5 pm at The Ark, Cambourne, and 6 pm at Bar Hill Church Centre

Holydays of Obligation 8 am, 10 am, 7.30 pm

Sacrament of Reconciliation

Tuesday 6.45 pm (not after Mass)
Saturday 10.30 – 11.15 am, 4.30 – 5.15 pm, 7 – 7.45 pm

Details of other services are published in the weekly newsletter which is available at the 6 pm Mass each Saturday – copies are available in the Church Centre.

AJ THE HANDY MAN/ MAINTENANCE

General gardening maintenance
Removal of all rubbish
Fencing - Shed - Playhouses supplied and erected
Garden furniture available
planters - seats - benches
I also do Interior Joinery (fully qualified NVQ level 2)
Skirting board, hanging doors supplied and fitted
ALL JOBS CONSIDERED
PLEASE CALL AJ ON 07954 407755

SEW & SEW (formerly Julie's Sewing Services)
Unit 1C
Highgate Farm Over Road
Willingham
TELEPHONE 01954 260280 or MOB
07733 284959

I am still providing the same service as before and am still happy to pop and see my customers at Bar Hill...if they can't get to me.



FITNESS CLASSES

MON 7:30 - 8:30pm at Swavesey Prim School
BODY BLAST AEROBICS

*** NEW CLASS***

WEDS 6:00 - 6:45pm, at Bar Hill Village Hall
URBAN FUNK HIP HOP

WEDS 7:00 - 8:00pm, at Bar Hill Village Hall
STEP

WEDS 8:00 - 9:00pm, at Bar Hill Village Hall
FITNESS PILATES

All classes £3.50 per session, except for Pilates, which is £4.

Block bookings available, mats and resistance bands provided,
all ages and abilities welcome, just come along!!

Experienced & Qualified Instructor

Danielle 07803 706584

Email: info@essentialfitness.co.uk

OR GO TO

www.essentialfitness.co.uk

Oakington Garden Centre

Large selection of plants, pots
and garden sundries

Open:

Monday - Saturday 9am to 5pm

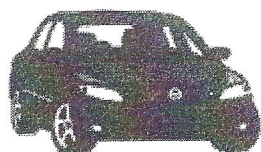
Sundays 10am to 4pm

Oakington Garden Centre,
Dry Drayton Road, Oakington.

Tel. 01223 234818

Fax. 01223 236823

Email: oakingtongardencentre@hotmail.com



Your Local Professional Driving School



✓ Association of Driver
Educators for People with
Disabilities



✓ Free Pickup in Cambridge
and Surrounding Villages



✓ Dual controlled Vehicles
✓ Beginner, Advanced,
Motorway



01223 260076

Teaching A Life Skill To Tomorrows Drivers Today

BAR HILL DENTAL CLINIC

Private Professional Dental Care

- Monthly Membership Plan
- Comprehensive Family Dentistry
- Cosmetic Treatment
- Tooth Whitening
- Dental Hygienist Services
- Emergency Appointment Available
- Ample Free Parking

Hanover Close, Viking Way
Bar Hill, Cambridge
CB23 8EH

Telephone: 01954 781616

www.cambridgedentist.co.uk

M.C.L PLASTERING

MARK LENTON
13, Almond Grove,
Bar Hill
Cambridge,
CB3 8DU

Phone: 203650
Mobile: 07759 693686
E-mail: mark.lenton@ntlworld.com

Total Relaxation

Located within
Waves Health and Leisure Club
Menzies Cambridge Hotel
And Golf Club
Bar Hill, Cambridge CB23 8EU

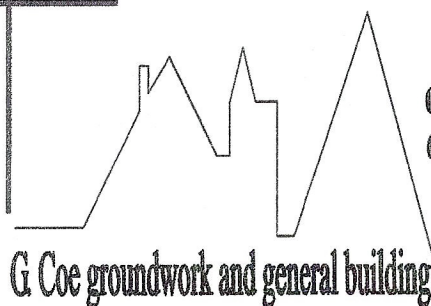
01954 249901
01954 249986

Payment by Cash or Cheque only

*Aromatherapy
Body Massage, Indian Head, Reflexology
Hot Stone Massage
Hopi Ear Candles
Facials
Body Wraps
Manicures & Pedicure
Lash and Brow Treatments
Waxing & Self Tanning*

Day Spa Packages including use of all
facilities are available

Email: total.relaxation@ntlworld.com
WWW.total-relaxation.co.uk



01954 261050
07999 888779

G. Coe groundwork and general building

A complete construction service

- * Extensions, alterations & conversions
- * All roof & guttering work
- * Garden design
- * Driveways, patios & fencing
- * Wood flooring

gcoegroundworks@googlemail.com

Irena Spence & Co

Solicitors

66-70 Castle Street,
Cambridge
CB3 0AJ

Tel: 01223 713300

Specialists in:

Conveyancing
Family/Matrimonial
Accident Claims
Litigation
Employment

5 Green End
Comberton
CB23 7DY



NOW REGISTERED FOR FULL DAY CARE

We have two settings located at the Village Hall Centre and the Church centre. Our purpose built Pre-School attached to the Village Hall has bright and airy rooms and a large fully enclosed garden. At the Church centre we are situated in the meetings room with a secure enclosed garden. Both settings provide a safe, secure and stimulating learning environment for children aged 2 - 5 years.

The aim of Bar Hill Pre-School is to provide high quality care and education by focusing on each individual child's ability, encouraging their development through the Early Years Foundation Stage. Our main emphasis is learning through play and the Every Child Matters. Your child will be able to explore a variety of activities in an educational setting required by OFSTED. Our Key Person and Key Person Buddy system enables our Early Years team to meet the needs of each individual child through planning their own individual educational plan and next steps.

Session Times

Village Hall

Monday	9.00 - 11.30	12.30 - 3.00
Tuesday	Play tots	12.30 - 3.00 (rising five's)
Wednesday	9.00 - 11.30	12.30 - 3.00
Thursday	9.00 - 11.30	12.30 - 3.00
Friday	9.00 - 11.30	12.30 - 3.00

Church Centre

Monday	9.00 - 11.30	12.30 - 3.00
Tuesday	9.00 - 11.30	12.30 - 3.00
Wednesday	9.00 - 11.30	12.30 - 3.00
Thursday	9.00 - 11.30	
Friday	9.00 - 11.30	12.30 - 3.00 (rising five's)

We offer a lunch club daily 11.30 - 12.30 at both settings

Early Years Funding

We can offer your child 5 free sessions when your child is eligible, currently the term after their 3rd birthday.

Subsidised places

We offer reduced session rates for parents/carers on Income Support/Working tax credit. We also accept child care vouchers from the Busy Bee scheme.

Play Tots Session

9.15 - 10.45 Tuesday—Village Hall Setting

This is for children up to 5 years old including babies.

We have lots of fun and a large selection of indoor/outdoor activities including our soft play den and toys especially for the tots. Sessions are held on a pay as you play basis. Drinks and healthy snacks are provided.

Rising 5's Sessions

These sessions are for children in their final year at Pre-School. This is a more structured session preparing children for school entry.

For more information please contact the Pre-School direct on (01954) 782892 for the Village Hall setting or 07932482965 for the Church Centre setting during

session times or feel free to pop in and see us at both settings. Alternatively contact Sarah our session allocation Co-ordinator on (01954) 781871 before 7 pm weekdays.

Registered Charity No 1030725

Reduce, Re-use and Recycle



Each household in the UK produces on average over a tonne of household waste every year, with around 80% of this going to landfill and unfortunately there is a finite amount of land to fill!

There has been a big push on recycling and we are learning to recycle our papers and bottles etc and yet around 60% of the waste that goes into the ground in Cambridgeshire could have been recycled.

However, recycling is only part of the solution to the waste crisis facing all of us. In fact reducing and re-using is the best option, where possible.

For example, much of what we buy comes in completely unnecessary packaging and on average a whopping 16% of the money you spend on a product pays for its packaging, which just gets thrown away. Here are some ideas for cutting back on your everyday waste:

- ☺ Buy loose fruit and vegetables. Most of us have now purchased re-useable bags, but then fill them with bags of apples, potatoes and wrapped cucumbers etc
- ☺ Petition your local supermarket to work with their suppliers to reduce the amount of unnecessary packaging for their products – after all, we are paying for it
- ☺ Buy recycled office supplies (and encourage your workplace to do the same) – it takes 70% less energy to produce recycled paper than paper produced from raw materials
- ☺ Reduce the amount of disposable items you buy, such as tissues
- ☺ Take a mug and glass to work instead of using throw-away cups
- ☺ Take a bottle to the gym instead of using throw-away cups
- ☺ Donate rather than dump an item (if it is still good quality) such as clothes, kitchenware or books

Go to <http://www.scambs.gov.uk/BinCollection/default.htm> for more information about recycling in Bar Hill.

REPORT FROM DISTRICT COUNCILLORS ROGER HALL AND BUNTY WATERS

RECYCLING NEWS

From October 2010, South Cambridgeshire District Council is changing the way it collects your recyclable waste by replacing the existing green box scheme with a blue wheeled bin, which comes with a specially designed inner caddy to keep paper separate from everything else.

What will I be able to recycle in the new blue bin and inner caddy?

Same as the green box, but with additional materials:

- ☐ New - Mixed plastic (pots, tub and, trays)
- ☐ New - Cartons (tetra packs)
- ☐ Cans (steel and aluminium)
- ☐ Paper - placed in the inner caddy
- ☐ Cardboard (changed from the green bin)
- ☐ Glass
- ☐ Plastic bottles
- ☐ Aluminium foil

Why does paper need to be kept in a separate caddy?

Paper is very valuable. If we can keep it separate from all the other recycling it's worth a lot more money. This helps reduce the cost of the new scheme.

How to report an abandoned vehicle

We will accept reports from the members of the public, the police or owners of land, regarding vehicles abandoned on the highway, private roads, private property or council managed property. The following information will be required in order to proceed;

Your name, address and telephone number will be requested together with details of:

- ☐ Location of vehicle
- ☐ Colour
- ☐ Registration number
- ☐ Make and model
- ☐ General condition
- ☐ The length of time the vehicle has been at the site
- ☐ whether it is displaying a current tax disc and if so its expiry date

You will also be asked if you know who the owner of the land is where the vehicle is situated and if you know who might be the last owner of the car (or who left it there).

- ☐ Call 03450 450 063
- ☐ report it online www.scambs.gov.uk
- ☐ email env.health@scambs.gov.uk

Please contact us for further information

Roger Hall 01954 780304 /

roger.hall90@ntlworld.com

Bunty Waters 01954 201421 /

bunty.waters@ntlworld.com



Cambridge Open Studios 2010

This perennial event in the Cambridge calendar, in its 36th year, is now totally self-funded by the artists. A magnificent new website has been set up (www.camopenstudios.co.uk), and you can still pick up your familiar yellow guide from Bar Hill library.

This treasure hunt of artists' studios is a rich and rewarding experience. In town, and tucked away in surrounding villages, you will find an incredible array of talents and mediums. You can just browse, or benefit from buying direct. We delight in sharing our passion and dedication with you; each year I gain a great deal of insight and input from my visitors. Students are welcome.

Please may I encourage you to visit the country cousins of the very well attended town artists; many village artists are driven to exhibit in town, but this destroys the ethos of Open Studio. You can plan a great day out wandering from village to village looking for the yellow flags (and some very nice village pubs as well) having checked out studios that interest you via the website. Modest affairs like mine, with artwork tucked away in every nook and cranny, beautiful houses and gardens with separate studios; the variety is immense, and you can take your pick.

A major event for me this year was winning Round 3 of the Saatchi Showdown 6 against international competition, the only British painter in the final; four artists achieved ratings of over 7 and I was one. Thanks for your support. My painting is with the Saatchi Gallery in London; visit Saatchi Gallery Showdown online to see my work among the Showdown Round Winners. Alternatively, visit my website, www.liamelia.com.

I've developed a range of original beadwork designs; come and see. I'm open weekends 2 and 3. Enjoy!

Lia Melia

SWAVESEY AND OVER CONSERVATION SOCIETY

FRIDAY 9TH JULY 2010 6.30 PM

All Welcome to a

'BRING & SHARE' SALAD SUPPER
IN THE BARN AT STRIPLANDS FARM -
LONGSTANTON

(Donation: £4 per person or a contribution of food or drink. Please telephone Christine Shephard on 01954 781625 to see what she would like!)